#### CALLING ALL SENIORS AND PEOPLE WITH DISABILITIES!

The Board of Supervisors is having an important hearing on your needs.

# Monday May 21<sup>st</sup> at 10:00 am City Hall Board of Supervisors Chambers

Come hear a presentation on the 2010 census that explains the needs of our seniors and people with disabilities in San Francisco.

Come hear the City discuss why the need is increasing more rapidly than ever.

Find out what the City's plan is to address the growing number of people who want to age in the community.

Come testify to the impact of the budget cuts we have endured over the last 5 years.

This is your time to let the legislators hear from you.

- 19% (155,000) of San Francisco residents are seniors.
- San Francisco's senior population grew by 18,000 from 2000 to 2010.
- Nearly 90,000 San Franciscans report having at least one disability.
- Seniors now outnumber teens in labor force for first time on record.
- 11% of persons using shelters in San Francisco are over age 60
- According to Homeless Count, almost half of homeless persons reported a disability.
- Over 8,000 persons age 60+ live in one of the city's 530 SRO hotels (43% of all SRO residents).
- 10% of older San Franciscans and 14% of persons with disabilities identify themselves as LGBT.
- 30% of seniors in San Francisco have limited or no English capacity.
- Seniors on SSI are living below the federal poverty line (\$845/month) and are ineligible to receive CalFresh (aka SNAP or Food Stamps).



## This hearing is sponsored by Supervisor Christina Olague and the Coalition of Agencies Serving the Elderly.

Bernal Heights Neighborhood Center, California Advocates for Nursing Home Reform, Catholic Charities CYO, Centro Latino of San Francisco, Inc., Community Living Campaign, Compassionate Community Center, Curry Senior Center, Eldercare Services, Episcopal Com. Services. - Canon Kip Senior Center/ADRC, Family Caregiver Alliance, Elder Care Network, Family Service Agency, Golden Gate Senior Services, IHSS Consortium, IHSS Public Authority, Institute on Aging, Italian-American Community Services Agency, Jewish Comm. Ctr.-San Francisco, JFCS-Seniors at Home, Lawyer Referral and Information Service, Legal Assistance to the Elderly, Lifewell Assistive Services, Lighthouse for the Blind and Visually Impaired, Little Brothers/Friends of the Elderly, Meals on Wheels of San Francisco, Melicor Home Services, Mission Neighborhood Centers, National Council on the Aging, Northerm Calif. Presbyterian Homes & Services, On Lok 30th Street Senior Services, Openhouse, Planning for Elders, Project Open Hand, Rebuilding Together San Francisco, Russian American Community Services, Saint Mary's Hospital, Self Help for the Elderly, SF Adult Day Services Network, SF Food Bank, SF Human Services Network, SF Senior Centers, St. Anthony Foundation, Stepping Stone, Telegraph Hill Neighborhood Center, YMCA, Advisory Council on Aging, American Society on Aging, SF Aging and Adult Services Commission, SD Dept of Aging and Adult Services, Glide Foundatin, Home Instead Senior Care, Hospice by the Bay, Independent Plus, Inc., Late Life Journey, Office on the Aging, Veterans Equity Center

### Senior and Disability Speakers Requested!

The Supervisors need to hear from YOU.

**Overview**: *The Senior and Disability Hearing* will bring attention to the current issues facing elderly San Franciscans at a Board of Supervisors Hearing on May 21, 2012. *How is the City of San Francisco going to respond to the Senior Surge over the next several years?* 

#### We need you to tell your personal story about living in San Francisco.

What works for you? What needs to be improved? Please come by with your 2-minutes of a personal story describing both the challenges and benefits of senior programming in San Francisco.

#### We want you to tell your story

#### **Income Security** - Tell Your Story!

- Have your benefits been cut?
- Do basic essentials cost more?
- How are you getting by with less?

#### Nutrition and Food - Tell Your Story!

- Do you eat lunch at a senior center or meal site or receive home-delivered meals in San Francisco?
- Do you get enough food to eat?
- Is getting enough food a struggle for you?

#### Homecare

Do you receive IHSS (In Home Supportive Services ) and have your services been cut?

#### **Housing and Homelessness** – Tell Your Story!

- Have you been homeless in the past year?
- Have you stayed in a shelter in the past year?
- Do you live in public or private senior housing?
- Have you been looking for housing?
- Do you live in a SRO?

#### **Safety and Transportation** – Tell Your Story!

- How well can you get around town on the bus?
- Is it easy for you to cross the street?
- Do you feel safe in San Francisco?

#### **Social Activities** – Tell Your Story!

- Do you have activities you enjoy at a local senior center?
- Do you live alone or in a senior housing building?
- Do you have friends, neighbors, children or loved ones that visit you?
- Do you spend a lot of time at home?

**CASE**: The Coalition of Agencies Serving the Elderly is a non-profit, professional organization of agencies and individuals who are committed to protecting and enhancing services to the elderly citizens of San Francisco.